

Manual	Counselling Service Policies
Section	SP – 2.4
Subject	Group Service Statement
Date Approved:	September 12, 2016
Revision/Review Approved:	



Group Service Statement

Policy

The Group Work Programme is an extension of the Clinical Program designed to offer an alternate form of treatment to clients presenting specific types of problems or difficulties. Group Work as an intervention will be determined through the clinical assessment of a Family Service Thames Valley personnel member and the input from the client. It is believed that persons presenting certain difficulties can benefit from the mutual support, identification, opportunity for problem solving and discussion inherent in the group process.

The group provides a supportive environment for counselling and therapy. As each individual comes to understand and work through personal difficulties, other group members benefit through identification and application of problem-solving techniques to their own lives.

The group setting is also a forum conducive to learning. Information is disseminated by group leaders in seminar format as well as less formally through group discussion. The resources of all group members are utilized as they participate in information exchange throughout the group process. An important aspect of education with a particular group is the sharing of information regarding community resources and their effective use.

When any group of people experiencing similar difficulties are brought together, the opportunity to examine the efficacy of environmental systems arises. The group can provide a forum for learning self-advocacy skills that will enable clients to more effectively use their own strengths.

Approved by: _____
 Executive Director