

Manual	Counselling Service Policies
Section	SP – 2.0
Subject	Service Descriptions
Date Approved:	September 12, 2016
Revision/Review Approved:	



Service Descriptions

Policy

Counselling and Psychotherapy

Counselling and psychotherapy provides professional guidance and treatment through the constructive engagement of individuals, couples, families and groups in an active goal-oriented change process. The emphasis is on facilitating more resilient approaches to life stresses and challenges using a strength-based approach with the client.

Advocacy

Advocacy is a process designed to increase the responsiveness and collaboration between systems and organizations, in order to assist clients in meeting their needs and rights, using a variety of approaches.

Education

Education is the transfer of knowledge and expertise to facilitate personal and professional skill development.

Community Outreach

Community Outreach is the agency involvement in planning, co-ordination and public relations in response to community needs.

Case Management

In specific situations, case management may include assessment, referral and co-ordination to ensure client access to appropriate service.

Approved by:

_____ Executive Director