

Family Service Thames Valley 2012 Winter/Spring - GROUP SCHEDULE

To access group counselling, please contact Family Service Thames Valley at 519-433-0183 or visit our website at www.familyservicethamesvalley.com

Couples Communication Group	Men & Women who are in a committed relationship.	Wednesdays 7:00 - 9:00 pm Start March 14 – May 2 Facilitator: Irving Augustine	<ul style="list-style-type: none"> • Screening interview required • 7 week group • Follow-up meeting one month later
"Men Moving Towards Healing" - Coping and Support Group	A group for adult male survivors of child sexual abuse with focus on understanding the impact of sexual abuse and developing coping strategies to gain a sense of stability in daily life.	Wednesdays 6:45 - 8:45 pm Start date: February 1 – March 21 Facilitator: Jonathan Schmidt and Martin Hayter	<ul style="list-style-type: none"> • Screening interview required • 8 week group
"Men Moving Towards Healing" – Healing the Impact of Abuse	A group for adult male survivors of child sexual abuse with focus on processing the impact of the abuse and on the survivor's sense of self, safety, and connecting with others.	Wednesdays, 6:45 – 8:45 p.m. Start date April 11 – June 27 Facilitator: John Field and Martin Hayter	<ul style="list-style-type: none"> • Screening interview required • 12 week group
Panic & Anxiety Management Group for Women	For women who can benefit from support and symptom management.	Mondays 1:00 - 3:00 pm Start March 19 - June 4 Facilitator: Susan Burnett	<ul style="list-style-type: none"> • Screening interview required • 10 week group
Stress & Anxiety Management Group for Men	For men who can benefit from support and symptom management	Mondays 6:00-8:00 p.m. Start April 16 – June 25 Facilitator: Susan Burnett	<ul style="list-style-type: none"> • Screening interview required • 10 week group
Rebuilding After Separation & Divorce	Men & Women who have been separated from partner for at least 6 months.	Tuesdays 6:00 – 8:00 p.m. Start March 20 – May 22 Facilitator: Patrycja Birbaum	<ul style="list-style-type: none"> • Screening interview required • 10 week group